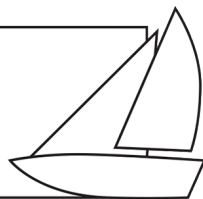


Safety at Sea Seminar

February 18 and 19



INVITATION AND INFORMATION

INVITATION: The Sailing Foundation invites everyone to the informative and entertaining U.S. Sailing two-day Safety at Sea seminar.

DESCRIPTION: This training program is designed to enhance your sailing skills as a crew member and make you, your boat and crew safer. Experts Bruce Brown, Ken Fabert MD, Carol Hasse, Brad Baker and more have tailored their presentations to give you as much information as possible in the two-day experience. Days are long, but you'll come out of each with a better understanding of the many topics covered. By participating in and completing the seminar, attendees will earn a certificate from U.S. Sailing that can be used when racing offshore and internationally.

DATES: February 18 and 19, 2017

SATURDAY: Will be in a classroom setting where instructors will educate attendees on topics including heavy weather sail selection and use, man overboard and safety gear, damage control and repair, assistance to other vessels, safety communication devices and EPIRBs, personal safety gear, heavy weather techniques, abandon ship and life raft procedures, medical emergencies, and weather forecasting. There will also be a discussion on what lessons U.S. Sailing has learned from studying various tragedies at sea and the nuances of each.

SUNDAY: Will take participants through hands-on scenarios in pyrotechnics and fire fighting, and then into the pool for life raft deployment and entry training. Classroom sessions that day delve into medical scenarios and kits, weather routing, sail repair and maintenance, and Lifesling training.

LOCATION: Marshall/Luepke Community Center at 1009 E McLoughlin Blvd., Vancouver, WA

FEE: Tickets are \$350 for both days or \$250 for one day. Membership in The Sailing Foundation is included in the fee. In addition, \$35 of the Saturday fee will be forwarded to US Sailing. The fee covers lectures, demonstrations, exhibits, course materials and a box lunch.

REGISTRATION: Seating is limited and advance registration is required. There will be no registrations accepted at the event. Please register online at www.thesailingfoundation.org.

INFORMATION: For more information on the seminar, contact us at info@thesailingfoundation.org