



*The Sailing Foundation*

*For the advancement of sailing in the Pacific Northwest*

Proud sponsor of:



**Northwest  
Youth Sailing**

## **SAFETY AT SEA SEMINAR**

**February 9-10, 2019** (Saturday, Sunday)

**Marshall/Luepke Center Vancouver, WA**



The Sailing Foundation and local boating clubs will host a US Sailing sanctioned two-day **International Offshore Safety at Sea with Hands-on Training\*** on safe boating practices and safety equipment. The seminar, designed and conducted by nationally recognized sailors, provides novice and experienced boaters with information and skills for boat handling heavy weather, recommended safety equipment, emergencies at sea, preparing for off-shore. For cruising and racing skippers, crew & family, recreational power boaters and commercial fishermen.

### **Saturday's Lecture Topics:**

Man Overboard, Heavy Weather Techniques, Personal Safety Gear, Abandon Ship Prep & Life Rafts, Emergency Communications, Medical Emergencies, and more

### **Sunday's topics (Optional Day):**

Hands-On Training & Demonstrations. Life Raft and Life Jacket In-Pool Training, First Aid at Sea, Firefighting, Pyrotechnics, Weather Routing, Lifesling, and more

\* US Sailing/World Sailing certified program meets the requirements for offshore racers in US & Canadian events: Oregon Offshore, Vic-Maui, Van Isle 360, etc.

More info & registration at The Sailing Foundation Safety at Sea web page:

<https://thesailingfoundation.org/what-we-do/2019-safety-at-sea-seminar/>